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Thinking population

#helo fy enw i ydy...

#hello my name is...

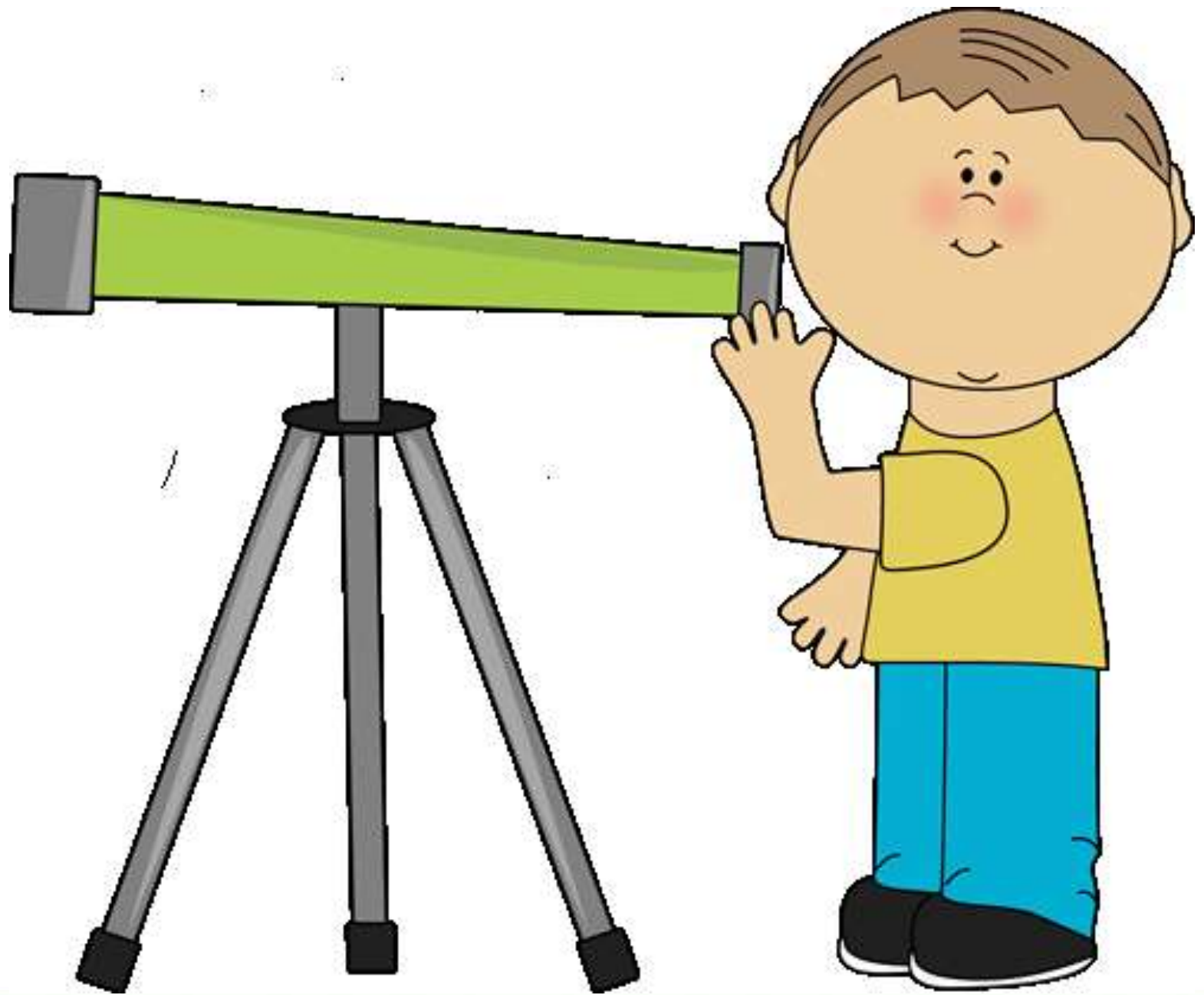
Dr Kathrin Thomas
Consultant in Public Health
September 2015



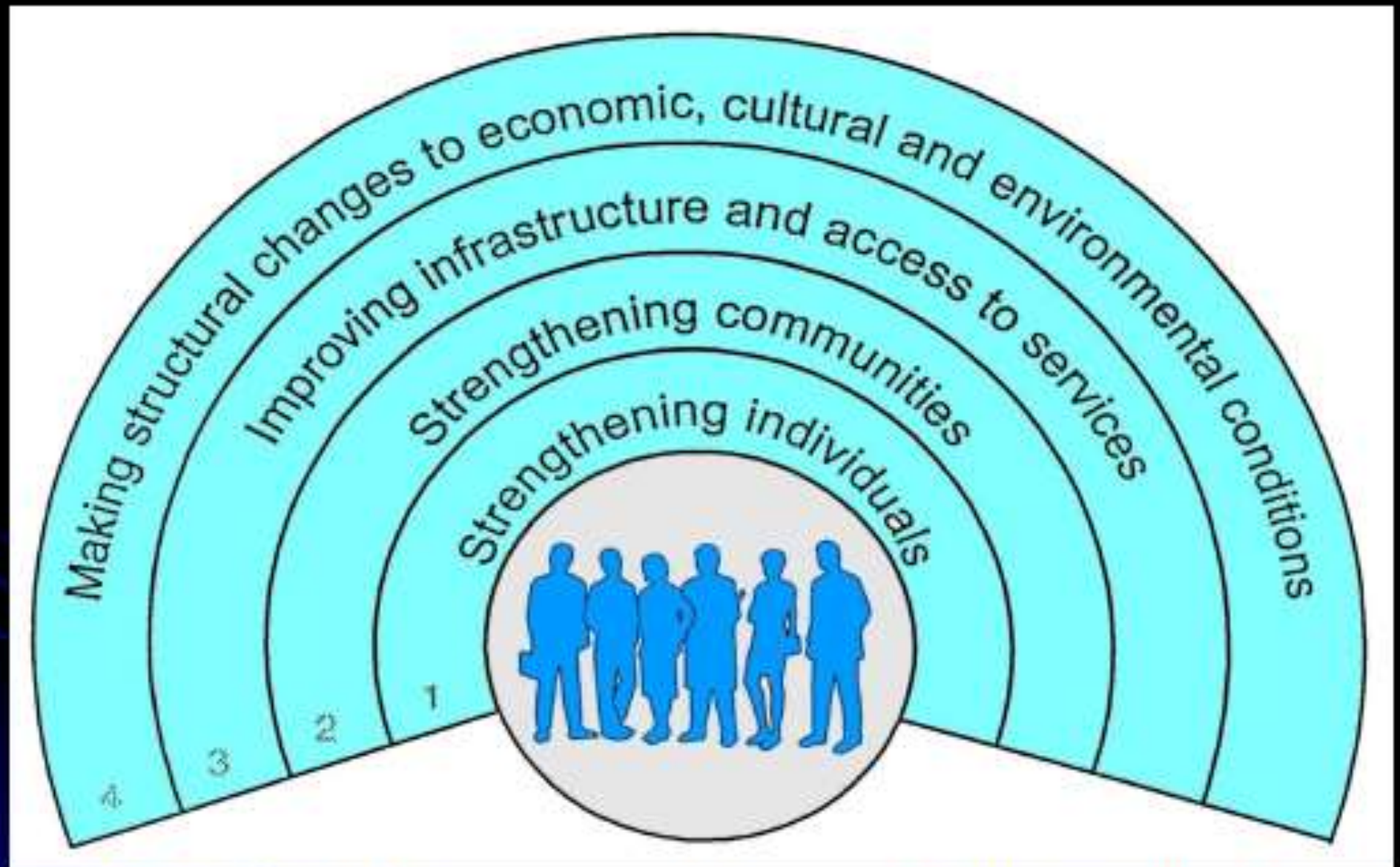
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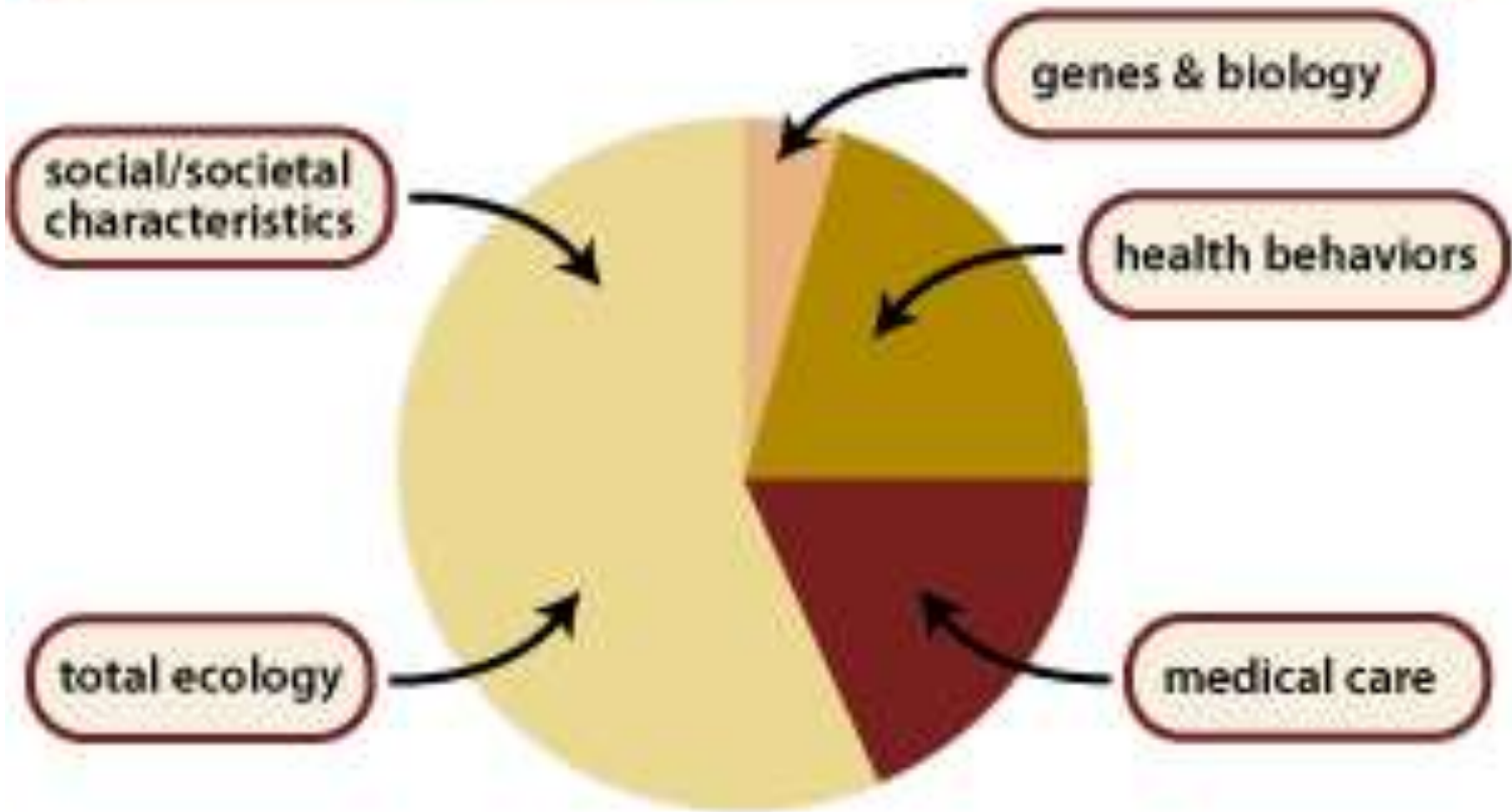
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A Typology of actions to tackle inequalities in Health



DETERMINANTS OF POPULATION HEALTH



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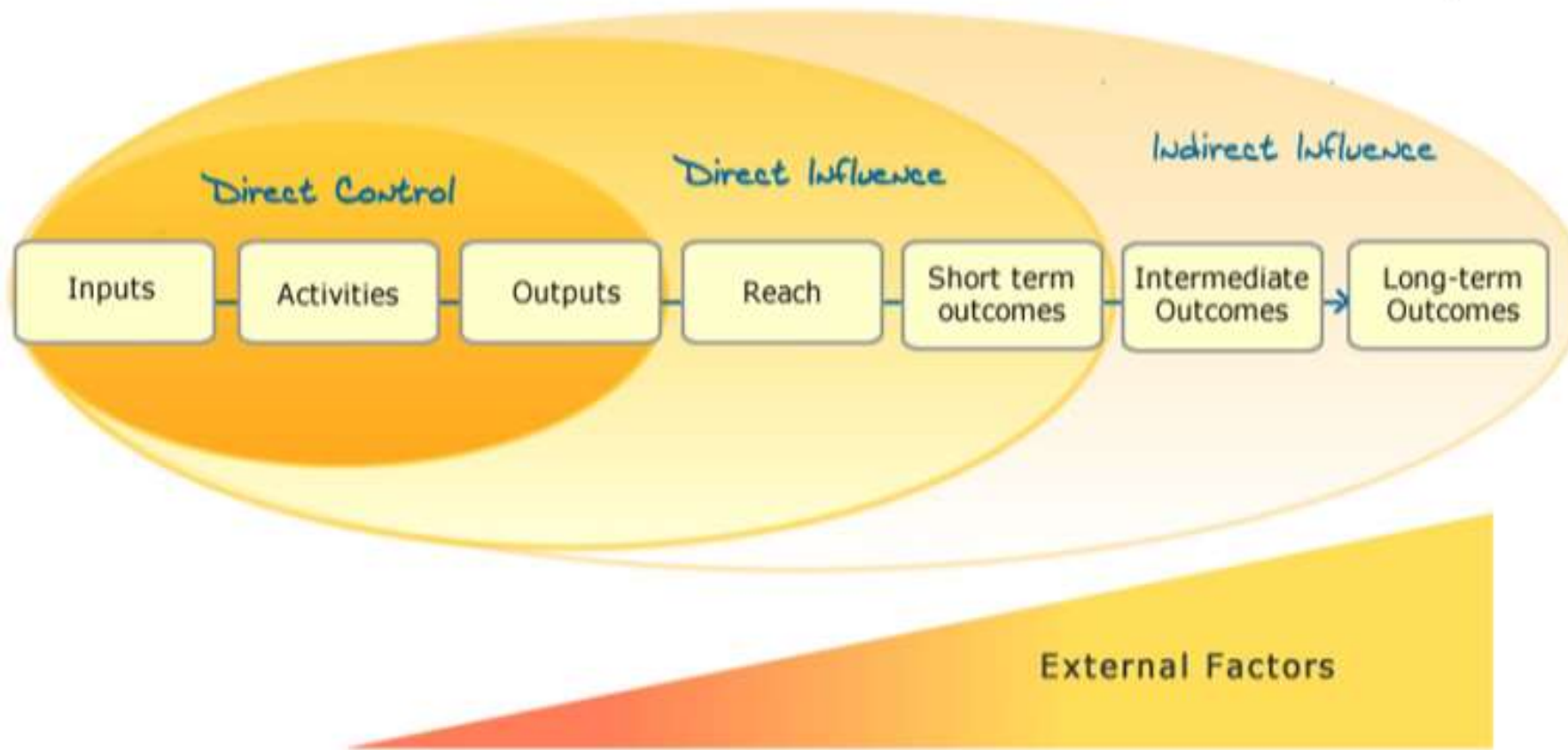
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What are our common goals?

Longer lives

Improved well being

Reduced gaps between rich and poor



Need

People don't know they need
and we don't offer e.g.
LARCs

Talking
therapies

**Essential core services:
Prevention, diagnosis,
treatment and care**

Demand

Supply

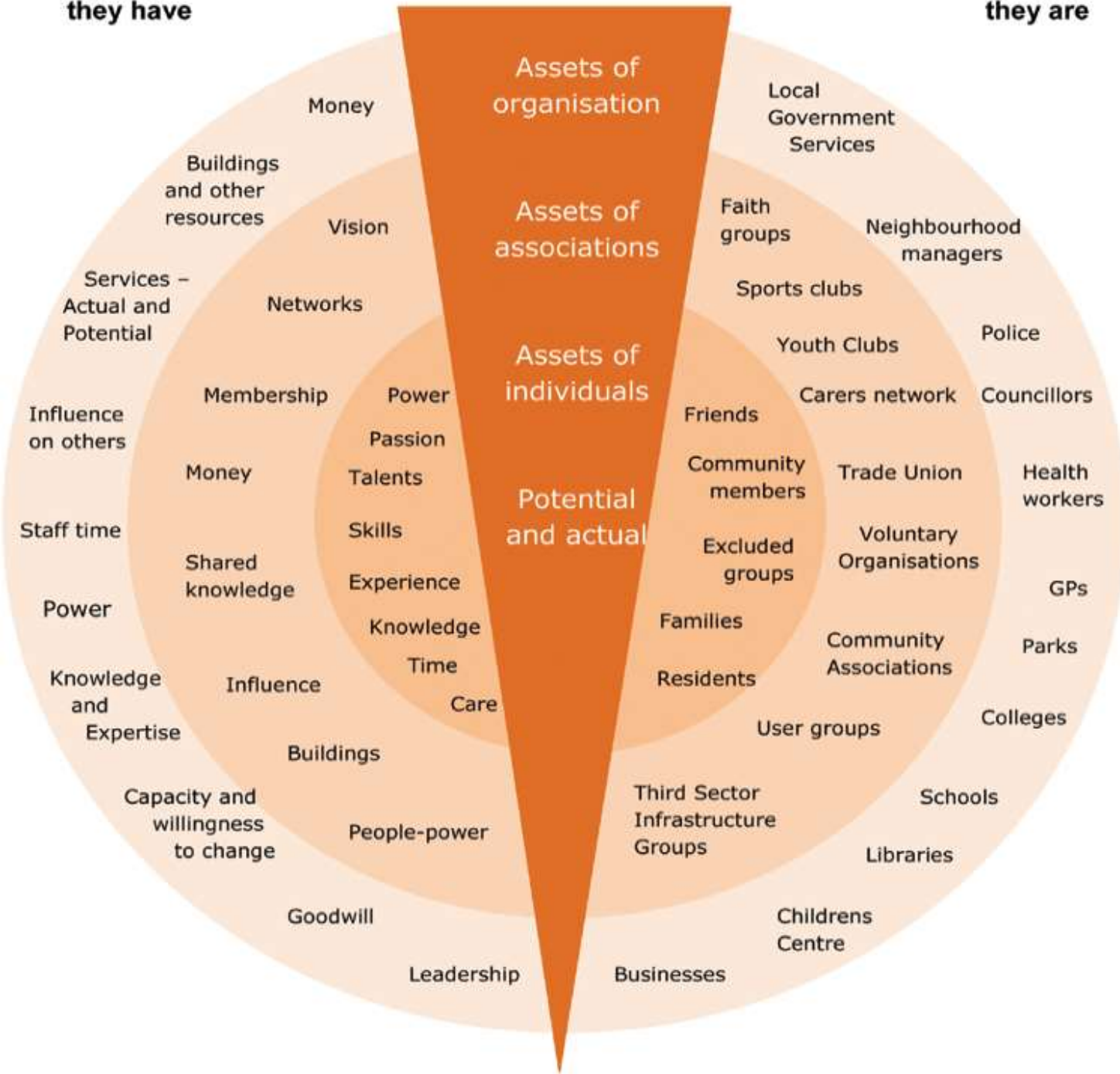
Prevention
and pro active
care: e.g.
asthma
reviews

Over -medicalisation
e.g. antidepressants

ASSET based approach

What do they have

Who they are



“What can I do for you”?



“What really matters to you”?

Deficits: needs and gaps



Assets and saluto genesis

“What makes us sick?”



“What makes us healthy?”



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WALES AFRICA PARTNERSHIP HEALTH CONFERENCE 2015

DEVELOPING SUSTAINABLE PARTNERSHIPS

CARDIFF METROPOLITAN UNIVERSITY

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9.00AM – 6.00PM

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