

Applying the Wellbeing of Future Generations Act: Where can I go to reflect on the practices I am learning?

Please choose the society, group, team or community that best matches your needs.
Can't see what you need? On the wrong day for you?
Please contact us to find out what else is available....

For further details or to join a particular community contact;
Sustainable.Futures@gov.wales

Regular informal practice to support your wellbeing and your work

Do you just need somewhere to build your basic skills or look after yourself better?
Then try joining a regular free Breathing Space (daily, weekly or monthly) online
here: [Fresh Air Fridays](#)

Via Zoom, Monday to Friday, at 8- 8:30am

Rhwydwaith Sefydliadau Cefnogi / Supporting Organisations Network

Convened six-monthly by the Office of the Future Generations Commissioner with
email updates between members on an *ad hoc* basis.

This network is for representatives of organisations supporting public bodies or
Public Service Boards to implement the Well-being of Future Generations Act i.e.
those that provide resources, training and expertise to public bodies.

Our Goals

- A space for sharing what people are doing and what they are planning
- Connecting People and projects , encouraging collaboration
- Working across the sector in an integrated way, avoiding unnecessary duplication.

Our How

- Apply [systems thinking](#).
- Encourage connections and collaboration.
- Integrate work and avoid unnecessary duplication.

For further details, contact the Future Generations Commissioner Wales:
contactus@futuregenerations.wales

SDCC+ (Sustainable Development Coordinators Cymru Plus)

SDCC+ is an independent, inclusive network supporting public bodies in Wales to implement the WFG Act and sustainable development. The network provides a reliable, friendly and safe space to voice and explore new ideas related to sustainable development.

It offers a learning and sharing programme, including Future Generations Knowledge Exchange sessions. SDCC+ have established as a sound network to advise, challenge and collaborate with the Welsh Government, Future Generations Commissioner's Office, Welsh Local Government Association, Wales Audit Office, and Cynnal Cymru.

Engagement is facilitated through online and in-person meetings, workshops, seminars, a bespoke website, and a Teams channel. For further information please contact.

www.sdccplus.org.uk

All Wales Continuous Improvement Community (AWCIC)

This community is for continuous improvement practitioners working in Welsh Public Services. You can join the All Wales Continuous Improvement Community in the [Networks](#) area of the Academi Wales website where you can access information around continuous improvement including tools, techniques and recent materials.

You must have an Academi Wales account and be [logged in](#) to your Academi Wales account to be able to join this network and should also [subscribe](#) to the weekly bulletin to get regular updates. We:

Connect people who with a wide knowledge base of continuous improvement techniques, who are doing the same type of work, facing the same problems and celebrating the same successes as you are.

Strengthen links between public services – making contacts across a range of organisations and use each other's knowledge and experience.

Learn together via Case Studies and Events. [A list of upcoming AWCIC events can be accessed here.](#)

Find opportunities to collaborate on projects with practitioners in other organisations.

Change the way we work using collaborative learning to shape decision making.

Influence change and policy making by using data and experiences from our community.

For further details contact AcademiWales@gov.wales

Compassion Practices

Are you interested in exploring what inhibits and enables compassion to flourish? Free training and support on the practical steps required to widen application of

compassion practices is available via [Compassion Practices Collaborative](#).

Various times available on-line and in person. [Sign up here](#) to receive details by email.

Creativity, Biodiversity and Behaviour Change

One of our longest standing circles – originally called Biodiversity4Cymru. Welcome to artists, ecologists, policy activists and all others with an interest in the connections between creativity, biodiversity and how our connections with these can create culture change.

We meet monthly on MS Teams, 4-5pm on Wednesdays.

Cynghrair egino / the edgy Alliance

Cynghrair Egino (emergent alliance) is the core element of the [Climate Psychology Alliance](#) in Wales. We share learning together and have an overlapping membership. You do not have to be a member of one to join the other.

The emergent alliance is a network of individuals who are, in various ways, supporting people, organisations and communities through the emotional and psychological challenges of Brexit, Covid, social, economic, climate and biodiversity emergency. We are a mixture of trained psychologists, psychotherapists, councillors, facilitators (the Work that Reconnects, Death Cafés, to name a few), trainee shaman, end of life doulas and people of faith.

We meet virtually once a month using Zoom to share progress and learning and to develop new ideas and services.

Decolonisation support group

Supporting the [Anti-racist Wales Action Plan](#) and wider equalities and inclusion policies. We meet to better understand how we can decolonise Wales' assets, behaviours and working practices. The National Library provides support, so that those who wish to do so can record and upload stories to the People's Collection Wales website.

You can sign up for monthly sessions either 3-4 on Thursdays or 10-11 on Fridays, or attend both if you need more frequent support. You can bring a question along to particular sessions or just come and listen.

Delivering Net Zero

Building on the highly successful community of practice that already supports key actors working on challenges to decarbonise Welsh homes, we are extending and deepening our practice to learn from each other and do things better. We have a

growing network of Communities of Practice. There are a range of opportunities from bringing Chief Executives together, working with communities, collaboration in local areas, peer learning and more. Peer facilitators support the groups to get up and running.

Governance and Scrutiny

The role of non-executive board members and trustees is crucial in supporting (or undermining) the way an organisation conducts itself, the culture it creates and the extent to which it improves well-being in its widest sense.

Every board member has their own personal journey in understanding what is required of them.

This group is for anyone who wants to explore how we can make [action learning](#) work for governance.

Housing Decarbonisation

We support key actors working on challenges to decarbonise Welsh homes to learn from each other and do things better.

We have seven different facilitated groups who meet regularly, involving citizens to chief executives to technical experts. We also have a facilitators circle for those who are supporting these groups.

Impact Assessments

Many public bodies have drawn on the integration way of working under the WFG Act to combine various impacts assessments into one place, either on paper or via discussion groups. This group meets to share and learn more about how we can improve impact assessment. We are exploring;

- What does impact assessment look like in our organisations?
- How can integrated impact assessment (IIA) support application of the Well-being of Future Generations Act?
- How can we support the Commissioner for Future Generations and others in their work to produce collective guidance on IIAs?

People's Practice

As part of the Welsh Government's response to climate and biodiversity emergency, we produced guidelines for creating a [People's Practice](#), to help increase practical local action.

There are a range of similar groups active in Wales including Community Councils, Transition Towns, Repair Cafes, Local Food resilience, Community Renewables, Transport Shares, Library of things and others.

This group is for anyone who is bringing together a local group of people to enable local practical responses to climate and ecological challenges. Meetings are agenda-less and reflective. You can even say nothing and just notice how you feel. It is a good opportunity to share and learn from others and realise that you are not alone.

We meet monthly via Zoom 4-5pm on Wednesdays.

Shambolic Warriors

We are people who are keen to work differently to better align with the Wellbeing of Future Generations Act. We want to respond to the complex challenges we face not only as a public sector but as a society. All are welcome!

The Shambolic Warriors concept is based on [the Shambhala Warrior Prophecy](#).

Some Shambolic Warriors meet by Zoom 12-1 on the last Friday of the month. Some Shambolic Warriors meet by MS Teams 3-4 on the first Wednesday of the month.

Cylch Sylw

Cylch Sylw ydy grŵp anffurfiol o bobl sy'n cwrdd am awr unwaith y mis i drafod [Deddf Llesiant Cenedlaethau'r Dyfodol yn Gymraeg](#).

Mae'n cyfle i ymarfer eich Cymraeg yn y gweithle ac i adeiladu eich hyder drwy siarad Cymraeg mewn awyrgylch diogel a chefnogol. Mae'n cyfle i gryfhau eich gallu i sylwi fwy, i fod yn fwy presennol, ac i ddysgu sut i gymryd saib.

Mae hefyd yn cyfle dod i nabod bobl, i greu cysylltiadau ac adeiladu perthnasau newydd.

Mae'r cyfarfodydd yn anffurfiol ac yn cael eu hwyluso mewn ffordd bydd yn annog pawb i wrando, i gyfrannu drwy gyfrwng y Gymraeg ac i ddysgu ta beth yw eich cymhwysedd yn y Gymraeg.

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