

The Starter Pack

Be your best self - change the world - one breath at a time...

Calling change makers in Wales!

Are you trying to make things better?
Do you learn from your mistakes?
Are you preparing for the future?
Or tackling tomorrow's problems starting today?
Do you engage with others to create change?

If you do any one of these things, then you are a change maker!

This starter pack includes four key quick tips that everyone can use.

We invite you to try them out and notice what happens...

Coproduction – [working with others in a caring and constructive way](#)

Three question chairing – [including pauses and taking turns in meetings](#)

Emergent planning – [planning only the first few steps](#)

Prototyping – [testing your idea to learn more](#)

We invite you to ask if you have questions and to let us know if you have feedback.

To read more about the science behind these ideas and how to apply it, see our guide to holding [Virtual Meetings](#), the underlying [Competency Framework](#) or our guide to [Working with Vulnerability](#).

Please send any questions, feedback or observations to Sustainable.Futures@gov.wales

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